

# plant power!

## March 2025

Herzog Academy (PK-5)  
Breakfast

### MONDAY

3

Breakfast

- Trix Cereal Bar
- Whole Grain Blueberry Muffin
- Low Fat Mozzarella String Cheese
- Blueberries

### TUESDAY

4

Breakfast

- Cherry Frudel
- Apple Cinnamon Cheerios
- Tiger Graham Crackers
- Chilled Diced Pears

### WEDNESDAY

5

Breakfast

- Whole Grain Blueberry Muffin
- Frosted Cinnamon Pop-Tart
- Low Fat Mozzarella String Cheese
- Fresh Red Delicious Apple

### THURSDAY

6

Breakfast

- Cinnamon Toast Crunch Cereal Bar
- Whole Grain Apple Cinnamon Muffin
- Chilled Diced Pears

### FRIDAY

7



School

No

10

Breakfast

- Apple Frudel
- WG Banana Muffin
- Low Fat Mozzarella String Cheese
- Honeydew Cubes

11

Breakfast

- Oatmeal Chocolate Chip BeneFIT Bar
- Cinnamon Toast Crunch
- Tiger Graham Crackers
- Pineapple Tidbits

12

Breakfast

- Breakfast Banana Split
- Frosted Cinnamon Pop-Tart
- Low Fat Mozzarella String Cheese
- Fresh Orange

13

Breakfast

- Strawberry Cream Cheese Stuffed Bagel
- Apple Cinnamon Nutrigrain Bar
- Honey Graham Crackers
- Pineapple Tidbits

14



School

No

17



School

No

18



School

No

19



School

No

20



School

No

21



School

No

24

Breakfast

- Cherry Frudel
- WG Banana Muffin
- Low Fat Mozzarella String Cheese
- Fresh Orange Wedges

25

Breakfast

- Oatmeal Chocolate Chip BeneFIT Bar
- Cinnamon Toast Crunch
- Tiger Graham Crackers
- Fresh Red Seedless Grapes

26

Breakfast

- Trix Cereal Bar
- Frosted Cinnamon Pop-Tart
- Low Fat Mozzarella String Cheese
- Fresh Granny Smith Apple

27

Breakfast

- Mini Confetti Pancakes
- Apple Cinnamon Nutrigrain Bar
- Sliced Whole Grain Cinnamon Toast
- Fresh Red Seedless Grapes

28

Breakfast

- Apple Cinnamon
- Cinnamon Toast Crunch
- Honey Graham Crackers
- Fresh Granny Smith Apple

31

Breakfast

- Trix Cereal Bar
- Whole Grain Blueberry Muffin
- Low Fat Mozzarella String Cheese
- Blueberries

3/3-3/6 National School Breakfast Week

If you have a food allergy, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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